

Primary Menu April 2022

Sefton Catering Services

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<p>Pizza &amp; Wedges Choose from a selection of favourite toppings, salad sticks &amp; sweetcorn</p> <p>(V) Pasta Served with Salad Sticks or Sweetcorn Plus, ½ Jacket Potato</p>	<p>Sausage, Baked Beans &amp; Mashed Potato</p> <p>(V) Sweet Chilli Veg &amp; Quorn strips with Rice or Noodles</p>	<p>Roast Chicken, Roast Potatos with Cabbage, Carrots &amp; Gravy</p> <p>(V) Quorn and Vegetable Tray Bake With Couscous</p>	<p>Spaghetti Bolognese With Crusty Bread</p> <p>(V) Quorn Korma With 50/50 Rice</p>	<p>Jumbo Fish Fingers Peas (Garden or Mushy) Chipped Potatoes</p> <p>(V) Selection of Wraps With Salad Sticks &amp; Baked Wedges</p>
	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings
	Homemade Cookie with Fruit Slices	Apple Turnover with Cream	Carrot, Courgette and Orange Slice	Jam or Syrup Sponge with Custard	Frozen Yoghurt or Fresh Fruit
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2	<p>Sausage Roll. Hash Brown &amp; Beans</p> <p>(V) Cheese Quiche Mixed Salad &amp; ½ Baked Potato</p>	<p>Cottage Pie with Carrots &amp; Broccoli</p> <p>(V) Meatball Marinara Baguette with Slaw &amp; Oven Baked Potato Wedges</p>	<p>Honey Glazed Gammon Cauliflower, Broccoli, Carrots &amp; Gravy with Paprika Roasted Potatoes</p> <p>Filled Potato Skins Cheese &amp; Ham or Cheese (V) With Beans</p>	<p>Home Made Chicken &amp; Veg Pie Peas, Carrots &amp; Gravy Mashed Potato</p> <p>(V) Sausage and Tomato Pasta Bake with Crusty Bread</p>	<p>(V) Fish Fingers With Chipped Potatoes Salad Sticks or Coleslaw</p> <p>Salmon and Vegetable Egg Fried 50/50 Rice</p>
	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings
	Chocolate & Banana Brownie	Mini Cookie with Fruit slices	Mandarin Cheesecake	Rice pudding with Peaches or Sultanas	Jam & Cream Scones
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3	<p>(V) Home Made Cheese &amp; Potato Puff Pastry Parcels with Baked Beans</p> <p>Burger &amp; Chips with Corn on the Cob</p>	<p>Pasta LACA Award Winning Dish Mixed Salad</p> <p>(V) Quorn Korma With 50/50 Rice &amp; Naan Bread</p>	<p>Roast Turkey or Roast Pork Seasonal Vegetables Roast Potatoes &amp; Gravy</p> <p>(V) Quorn Fillet Seasonal Vegetables Roast Potatoes &amp; Gravy</p>	<p>Meatballs in Gravy with Carrots &amp; Cabbage Mashed Potato</p> <p>(V) Vegetable Lasagne with Mixed Salad and Crusty bread</p>	<p>Battered Fish Peas &amp; Sweetcorn Chipped Potatoes</p> <p>(V) Sausage Roll Baked Beans &amp; Hash Browns</p>
	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings	Jackets, Sandwiches, Rolls or wraps Various Fillings
	Fruit Muffin	Fruit Jelly & Cream	Shortbread Finger & Fruit Slices	Oat & Apple Slice with Custard or Cream	Peach & Pineapple Flapjack